

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> 	<p>2</p> <p>Caprese panini, garden salad</p>	<p>3</p> <p>Baked Cod, Parsley Potatoes, Green Beans, Garden Salad</p>	<p>4</p> <p>BBQ Roast Beef Sandwich, Broccoli-Bacon Salad</p>	<p>5</p> <p>Ravioli, Garden Salad</p>	<p>6</p>
<p>7</p>	<p>8</p>	<p>9</p> <p>Shrimp Scampi w/Spinach and Pasta, Caprese Salad</p>	<p>10</p> <p>Egg Salad on Whole Wheat, Avocado Salad, Garden Salad</p>	<p>11</p> <p>BBQ Pork Chops, Dirty Rice, Black Bean/Corn Salad</p>	<p>12</p> <p>Tacos, Fiesta Salad</p>	<p>13</p>
<p>14</p>	<p>15</p>	<p>16</p> <p>Vegetable Lasagna, Garden Salad</p>	<p>17</p> <p>Grilled Chicken Caesar Salad, Garlic Toasted Pita</p>	<p>18</p> <p>Tuna Sandwich on Whole Wheat, Chips, Garden Salad</p>	<p>19</p> <p>Meatball Subs, Roasted Red Pepper and Goat Cheese Salad</p>	<p>20</p>
<p>21</p>	<p>22</p>	<p>23</p> <p>Lemon Pepper Chicken, Mixed Veggies, Garden Salad</p>	<p>24</p> <p>Chicken Sausage, Baked Beans, Salad</p>	<p>25</p> <p>Brunch</p>	<p>26</p> <p>Pulled Pork Sandwich w/ Garden Salad...</p>	<p>27</p>
<p>28</p>	<p>29</p>	<p>30</p> <p>Honey Mustard Salmon w/Asparagus Rice Pilaf and Garden Salad</p>	<p>31</p> <p>Grilled Chicken with Tomato/Feta, Spinach Pie, Rice Pilaf, Greek Salad</p>	<p>Notes:</p> <p>Cornerstone Wellness Center A program of AIDS Action Breakfast 9-10:30 Lunch 12-12:30</p>		